

Developmental Milestones

Source: U.S. Department of Education

Every child is different. This chart gives general **milestones** in a child's development. The information below lets you know what to expect.

It will help you record your child's progress.

| | <u>Met Early</u> | <u>Met on Time</u> | <u>Met Late</u> | <u>Not Mastered</u> |
|---|------------------|--------------------|-----------------|---------------------|
| At 1 month, most children... | | | | |
| Lift head a little when lying on stomach | | | | |
| Watch objects for a short time | | | | |
| Make "noise in throat" sounds | | | | |
| Stay away from annoying sensations such as cloth or blanket on the face | | | | |
| At 2 months, most children... | | | | |
| Hold their head up (bobbing when supported in sitting position) | | | | |
| Sometimes copy or respond to a smiling person | | | | |
| Roll part way to side | | | | |
| Make sounds of discomfort | | | | |
| At 3 months, most children... | | | | |
| Lift head and chest when lying on stomach | | | | |
| Recognize bottle or breast | | | | |
| Smile when talked to | | | | |
| Show active body movement | | | | |
| Follow moving things with their eyes | | | | |
| At 4 months, most children... | | | | |
| Hold head up for a long time without bobbing | | | | |
| Laugh out loud | | | | |
| Roll from front to back | | | | |
| Like to play | | | | |
| Grab an object held near their hand | | | | |
| Make sounds when talked to | | | | |
| At 6 months, most children... | | | | |
| Sit with little support | | | | |
| Respond to a friendly voice with a smile or coo | | | | |
| Roll from back to stomach | | | | |
| Turn and look at sounds | | | | |
| Change object from hand to hand and from hand to mouth | | | | |
| At 9 months, most children... | | | | |
| Sit alone and change position | | | | |
| Say "mama" and "dada" | | | | |
| Crawl | | | | |
| Respond to people they know | | | | |
| Respond to their name | | | | |
| At 12 months, most children... | | | | |
| Pull themselves to stand and may step with support | | | | |
| Can nod their head to signal "yes" | | | | |
| Give love | | | | |
| Pick things up with thumb and one finger | | | | |
| Say two or three words | | | | |

| | <u>Met Early</u> | <u>Met on Time</u> | <u>Met Late</u> | <u>Not Mastered</u> |
|---|------------------|--------------------|-----------------|---------------------|
| At 15 months, most children... | | | | |
| Walk without support | | | | |
| Do some self-feeding | | | | |
| Speak and make their voice go up and down | | | | |
| Drink from a cup held by someone | | | | |
| Use four or five words | | | | |
| At 18 months, most children... | | | | |
| Walk (may run a bit) | | | | |
| Use five to ten words | | | | |
| Climb up or down one stair | | | | |
| Pull toys that have wheels | | | | |
| Mark on paper with crayons | | | | |
| Understand easy directions | | | | |
| At 2 years, most children... | | | | |
| Give toys when asked | | | | |
| Recognize a familiar picture and know if it is upside down | | | | |
| Kick large ball | | | | |
| Turn pages in a book (two or three at a time) | | | | |
| Use two or three words together, such as "more juice" | | | | |
| At 3 years, most children... | | | | |
| Walk up stairs holding railing | | | | |
| Unbutton large buttons | | | | |
| Stand for a moment on one foot | | | | |
| Talk of toilet needs | | | | |
| Open doors | | | | |
| Stack objects by size | | | | |
| Ask and answer simple questions | | | | |
| Speak clearly and are understood by family members | | | | |
| At 4 years, most children... | | | | |
| Can hop in place | | | | |
| Throw a ball above their head | | | | |
| Wash hands without help | | | | |
| Copy a circle | | | | |
| Begin to play with other children | | | | |
| Know their own sex, age, last name | | | | |
| Answer out loud to "Hi" and "How are you?" | | | | |
| Point to six basic colors when asked | | | | |
| At 5 years, most children... | | | | |
| Run on tiptoe | | | | |
| Understand "yesterday" and "tomorrow" | | | | |
| Print a few capital letters | | | | |
| Know their name in print | | | | |
| Use sentences with correct grammar, such as, "May I go to the store?" or "I want a big cookie." | | | | |
| Play together with others | | | | |
| Put their shoes on the correct feet | | | | |